

Referral criteria into Older Adults Community Services for

The Old Vicarage Bolsover and Clay Cross Locality

The Older Peoples Community Mental Health Service will accept all referrals for any adult over the age of 65 years or younger if a cognitive impairment is suspected.

We are the single point of access for all referrals into Older Adult Services. The CMHT will triage and signpost to the appropriate service.

We ask that the referrals contain the following information so that we can process appropriately and prevent delay in seeing the patient. If the referral criteria have not been met, then we may need to return it for more information.

- Consent of referral obtained.
- Name
- DOB and NHS Number
- Address
- NOK/Carer contact or LPOA
- Urgency
- Current and past medical history (PINCH ME Assessment)
- Medication
- Screening bloods – FBC, U+E's, LFT's, TFT, Glucose, HB1AC, IP, B12, Folate if not completed in the past 3 months
- Substance misuse – if there is evidence for ongoing problematic substance misuse (drinking that is causing significant problems in day-to-day functioning), we will not accept this referral and the person should be referred to a specialist substance misuse service.
- Depression and suspected cognitive impairment – if depression is untreated please consider treatment for mood disorder and refer back to CMHT if mood and memory have not improved.
- Current and past Psychiatric history
- Onset of presenting concerns and risks
- Social circumstances i.e. open to Social Care/Living alone
- Expectation of the referrer
- If referral is for MAS – please include a cognitive screening tool e.g. GP COG

The above criteria is in conjunction with NICE Guidelines for Dementia 2018 and the Lester Guidance for Prescribing Antipsychotics